

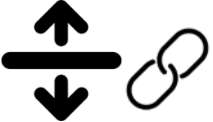



























PSHE Overview

Year Group:	Autumn HT1	Autumn HT2	Spring HT1	Spring HT2	Summer HT1	Summer HT2
YEAR 7 	<ul style="list-style-type: none"> Personal identity and values Learning skills and teamwork Respect in school What is Citizenship 	<ul style="list-style-type: none"> Making and maintaining friendships Identifying and challenging bullying Communicating online Sexting What is a good citizen? 	<ul style="list-style-type: none"> Regulating emotions Diet and exercise Hygiene and dental health Sleep The basics of the British political system 	<ul style="list-style-type: none"> Puberty and managing change Body satisfaction and self-Concept Multi Cultural Britain 	<ul style="list-style-type: none"> Relationship boundaries Unwanted contact FGM and forced marriage LGBTQ+ Rights in the community Basic economics - Banking 	<ul style="list-style-type: none"> Developing agency and decision making skills: Drugs, alcohol and tobacco Safety and first aid My future careers Exploring various careers choices 
YEAR 8 	<ul style="list-style-type: none"> Managing online presence Digital and media literacy County Lines 	<ul style="list-style-type: none"> Stereotypes, prejudice and discrimination Promoting diversity and equality The Justice System 	<ul style="list-style-type: none"> Drugs and alcohol Introduction to contraception Resisting peer influence Online choices and influences 	<ul style="list-style-type: none"> Financial decisions Saving and borrowing Gambling, financial choices and debt How different institutions work 	<ul style="list-style-type: none"> Healthy relationships Boundaries and consent LGBT+ inclusivity 'Sexting' Managing conflict 	<ul style="list-style-type: none"> Maintaining positive mental health Importance of physical activity Higher Education Understanding how higher education works 
YEAR 9 	<ul style="list-style-type: none"> Sources of careers advice Employability skills How Parliament Works Elections 	<ul style="list-style-type: none"> Friendship challenges Gangs and violent crime Drugs and alcohol Assertive communication 	<ul style="list-style-type: none"> Mental health (including self-harm and eating disorders) Loss and bereavement Healthy coping strategies LGBTQ+ Basic Laws and British Values 	<ul style="list-style-type: none"> SE options Aspirations for the future Career choices Identity and the world of work Multi Cultural Britain 	<ul style="list-style-type: none"> Healthy/unhealthy relationships Consent Relationships and sex in the media Sexting How the police and Courts work 	<ul style="list-style-type: none"> Sexually transmitted infections (STIs) Contraception Cancer awareness First aid 

<p>Year 10</p> 	<ul style="list-style-type: none"> Managing transition to key stage 4 including learning skills Managing mental health concerns Being good citizens Money management Fraud and cybercrime Parliamentary democracy 	<ul style="list-style-type: none"> Relationship expectations Impact of pornography Identifying and responding to abuse and harassment LGBTQ+ Being good citizens 	<ul style="list-style-type: none"> First aid and life-saving Personal safety Online relationships •Making safe and healthy lifestyle choices •Health promotion and self-examination •Blood, organ, stem cell Donation Diverse national, regional, religious and ethnic identities 	<ul style="list-style-type: none"> Skills for employment Applying for employment Online presence and Reputation Managing grief and loss Local, regional and international governance 	<ul style="list-style-type: none"> Forced marriage Nature of committed relationships Diversity and discrimination Extremism The different electoral systems 	<ul style="list-style-type: none"> Preparation for the life after All Saints Recognising and celebrating successes Transition and new opportunities Aligning actions with goals Careers skills and interview Human rights and international law 
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Followers of Christ	Resilient Thinkers	Responsible Community	Respectful Individuals	Excellent Achievers	Family
					
Faith	Resilience	Community	Respect	Excellence	Family