

Followers of Christ	Resilient Thinkers	Responsible Community	Respectful Individuals	Excellent Achievers	Family
					
Faith	Resilience	Community	Respect	Excellence	Family



### 3 John 1:2-4 Dear friend, I pray that you may enjoy good health and that all may go well with you, even as your soul is getting along well.

- We want inspired learners who are competent and have a broad knowledge of a range of physical activities within a broad and balanced curriculum. Our learners will use their God given talents in competition and X-Curricular either in individual or team sports.
- We want to create successful young people who put effort in everything they do. No matter the challenge or the activity, students understand that reaching their sporting potential is important and that occurs through sustained effort.
- We want our learners to be confident and well-rounded individuals who build resilience through the challenges of sport and competition and prepare them for challenges in life. In addition, through competition, they will make sure they know how to deal with success and failure and see the benefits of both in their own learning journey.
- We want to create responsible, healthy citizens who feel prepared and comfortable to take part in regular sport and exercise so that when they leave school they understand the importance of exercise to their physical, social and mental health and well-being on themselves and the people around them.
- We want to educate our pupils to become practically minded and productive young people who are independent and believe in themselves. We use sport to empower our young people to be reflective thinkers who are determined and cooperative.

## **Assessment**

### **Key stage 3**

Pupils are formally assessed 3 times a term in the 3 sports they will complete each term.

They are assessed in 3 areas in each sport. Heads, Hearts and Hands. This is to show the 3 areas of PE that we want to develop.

Each Term has a focus when we report home.

Term 1 Hearts - Communication, Leadership, Self-management, Resilience, Effort, Respect

Term 2 Heads - The knowledge, rules, responsibility, the understanding of key concepts.

Term 3 Hands - Physical ability, Techniques, tactics, problem solving

### **Key stage 4**

At Sport Science at Key Stage 4 students are assessed in their Assignments for their course.

#### **Year 10**

Students are assessed in Term 1, 2 and 3 on their Assignments in Unit R181 - Applying the principles of training: fitness and how it affects skill performance

#### **Year 11**

Students are assessed in Term 1 on their assignments in Unit R182- The body's response to physical activity and how technology informs this

In Term 2 and 3 students are assessed on the knowledge and understanding of the exam unit R180 - Reducing the risk of sports injuries and dealing with common medical conditions.