

All Saints Catholic College



Policy for Citizenship/PSHE/SMSC

Approved by Governors:

Date for further review:

September 2021

All Saints Catholic College

Citizenship/SMSC POLICY

Introduction

Rationale:

All Saints is a Catholic community dedicated to providing an excellent education to all of our pupils so that they fulfil their ambitions and exceed their expectations.

We work together as a family through mutual respect so that everyone succeeds academically and grows spiritually

All Saints Catholic College is committed to the development of pupils' spiritual, moral, physical and social talents. Our mission statement acknowledges that such development must take place within a caring Christian environment.

In line with this statement, and after due consideration of its educational, moral and legal responsibilities, the Governors have decided to produce a comprehensive policy for the provision of Citizenship Education, which will ensure that its pupils develop the necessary skills, knowledge and understanding to become informed, responsible and caring citizens, both now, and in their future adult lives.

The Governors further acknowledge that Citizenship education must be delivered using a whole-school approach, which will incorporate activities involving:

Aims

The aims of Citizenship education are:

- To develop the spiritual, social and moral awareness of pupils so that they can become informed and responsible members of society.
- To educate pupils in the area of political literacy, including their awareness of the workings of democratic institutions and the importance of fusing their right to vote.
- To develop an active participation of pupils in the life of their college and wider community.
- To provide accurate information about college community and political matters so that pupils will be able to make responsible and informed choices regarding their involvement in society.

The three strands of this policy:

This policy covers three different strands of the curriculum:

- Citizenship/PHSE
- SMSC
- British Values

All 3 are inexplicitly linked and cover a number of similar areas.

Citizenship/PSHE

Citizenship education involves the development of pupils in three, interrelated areas:

- a) Social and Moral responsibility
- b) Political literacy
- c) Community involvement
- d) Individual well being
- e) Personal safety
- f) Aspects of Relationship and Sexual education

British Values

British Values involves the development of student's knowledge, understanding and commitment to four key areas:

- a) Democracy
- b) The rule of law
- c) Individual Liberty
- d) Mutual respect and Tolerance

SMSC

SMSC covers four quite wide and diverse areas in the development of students:

- a) Spiritual
- b) Moral
- c) Social and Cultural

As such, it cannot solely be delivered in a separate 'discrete' curriculum area.

The proposed delivery model at All Saints will be:

Delivery:

Citizenship/PSHE/SMSC will be delivered as part of the formal and informal curriculum.

Formal Curriculum:

- Citizenship and PSHE will be delivered on 'drop down' days at key points to be determined – these are likely to be four days
- In lessons as part of the subject curriculum
- To be highlighted and focused on as whole school SMSC weeks

Informal Curriculum

- Extra Curricula Opportunities
- Collective Worship
- Educational activities in and out of College i.e. Post 16 Taster Days

ALL SAINT PSHCE EDUCATION: LONG TERM PLAN

For each focus where some focus will be given in academic lessons they will be labelled -

Science - Red

Maths - Purple

RE - Blue

Computing - Green

PE - Yellow

	PSHCE WEEK ONE Independence and aspirations	PSHCE WEEK ONE Autonomy and advocacy	PSHCE WEEK TWO Choices and influences	PSHE WEEK TWO Independence and aspirations	PSHCE WEEK THREE Autonomy and advocacy	PSHCE WEEK THREE Choices and influences
Year 7	<p>Developing goal setting, organisation skills and self-awareness:</p> <ul style="list-style-type: none"> Personal identity and values Learning skills and teamwork Respect in school 	<p>Developing empathy, compassion and communication:</p> <ul style="list-style-type: none"> Making and maintaining friendships Identifying and challenging bullying Communicating online 	<p>Developing agency, strategies to manage influence and decision making:</p> <ul style="list-style-type: none"> Regulating emotions Diet and exercise Hygiene and dental health Sleep 	<p>Developing self-confidence and self-worth:</p> <ul style="list-style-type: none"> Puberty and managing change Body satisfaction and self-concept 	<p>Developing assertive communication, risk management and support-seeking skills:</p> <ul style="list-style-type: none"> Rights in the community Relationship boundaries Unwanted contact FGM and forced marriage 	<p>Developing agency and decision making skills:</p> <ul style="list-style-type: none"> Drugs, alcohol and tobacco Safety and first aid
Year 8	<p>Developing risk management skills, analytical skills and strategies to identify bias:</p> <ul style="list-style-type: none"> Managing online presence Digital and media literacy 	<p>Developing respect for beliefs, values and opinions and advocacy skills:</p> <ul style="list-style-type: none"> Stereotypes, prejudice and discrimination Promoting diversity and equality 	<p>Developing agency and strategies to manage influence and access support:</p> <ul style="list-style-type: none"> Drugs and alcohol Introduction to contraception Resisting peer influence Online choices and influences 	<p>Developing goal setting, motivation and self-awareness:</p> <ul style="list-style-type: none"> SE options Aspirations for the future Career choices Identity and the world of work 	<p>Developing communication and negotiation skills, clarifying values and strategies to manage influence:</p> <ul style="list-style-type: none"> Healthy relationships Boundaries and consent LGBT+ inclusivity 'Sexting' Managing conflict 	<p>Developing agency and strategies to manage influence and access support:</p> <ul style="list-style-type: none"> Maintaining positive mental health Importance of physical activity
Year 9	<p>Developing goal-setting, analytical skills and decision making:</p> <ul style="list-style-type: none"> Sources of careers advice Employability 	<p>Developing self-confidence, risk management and strategies to manage influence:</p> <ul style="list-style-type: none"> Friendship challenges Gangs and violent crime Drugs and alcohol Assertive communication 	<p>Developing empathy, compassion and strategies to access support:</p> <ul style="list-style-type: none"> Mental health (including self-harm and eating disorders) Change, loss and bereavement 	<p>Developing analytical skills and strategies to identify bias and manage influence:</p> <ul style="list-style-type: none"> Financial decisions Saving and borrowing Gambling, financial choices and debt 	<p>Developing assertive communication, clarifying values and strategies to manage influence:</p> <ul style="list-style-type: none"> Healthy/unhealthy relationships Consent 	<p>Developing decision making, risk management and support-seeking skills:</p> <ul style="list-style-type: none"> Sexually transmitted infections (STIs) Contraception Cancer awareness First aid

			<ul style="list-style-type: none"> • Healthy coping strategies 		<ul style="list-style-type: none"> • Relationships and sex in the media 	
Year 10	<p>Developing self-awareness, goal-setting, adaptability and organisation skills:</p> <ul style="list-style-type: none"> • Managing transition to key stage 4 including learning skills • Managing mental health concerns 	<p>Developing empathy and compassion, strategies to manage influence and assertive communication:</p> <ul style="list-style-type: none"> • Relationship expectations • Impact of pornography • Identifying and responding to abuse and harassment 	<p>Developing agency and decision making, strategies to manage influence and access support:</p> <ul style="list-style-type: none"> • First aid and life-saving • Personal safety • Online relationships 	<p>Developing goal setting, leadership and presentation skills:</p> <ul style="list-style-type: none"> • Skills for employment • Applying for employment • Online presence and reputation 	<p>Developing respect for diversity, risk management and support-seeking skills:</p> <ul style="list-style-type: none"> • Nature of committed relationships • Forced marriage • Diversity and discrimination • Extremism 	<p>Developing motivation, organisation, leadership and presentation skills:</p> <ul style="list-style-type: none"> • Preparation for the life after All Saints
Year 11	<p>Developing resilience and risk management skills:</p> <ul style="list-style-type: none"> • Money management • Fraud and cybercrime • Preparing for adult life 	<p>Developing communication and negotiation skills, risk management and support-seeking skills:</p> <ul style="list-style-type: none"> • Relationship values • Maintaining sexual health • Sexual health services • Managing relationship challenges and endings 	<p>Developing confidence, agency and support-seeking skills:</p> <ul style="list-style-type: none"> • Making safe and healthy lifestyle choices • Health promotion and self-examination • Blood, organ, stem cell donation 	<p>Developing empathy and compassion, clarifying values and support-seeking skills:</p> <ul style="list-style-type: none"> • Families and parenting • Fertility, adoption, abortion • Pregnancy and miscarriage • Managing grief and loss 	<p>Developing confidence, self-worth, adaptability and decision making skills:</p> <ul style="list-style-type: none"> • Recognising and celebrating successes • Transition and new opportunities • Aligning actions with goals 	

