




WATT'S FOR LUNCH? FUEL YOUR DAY WITH A HEALTHY SCHOOL LUNCH

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Spaghetti Bolognese	Chicken Chow Mein	Roast of the week Served with freshly prepared Potatoes Veg 	Goujons Chicken or Halal Chicken served on a soft tortilla	Crispy battered Fish served with chunky chips
Vegetarian Main Dish	Quorn Bolognese	Vegetable chow Mein	Vegetarian toad in the hole	Quorn Dippers served on a soft tortilla	Homemade Cheese and Onion Pie served with Chunky Chips
Accompaniments 	Garlic bread slice Mixed leaf salad	Spring Rolls	Freshly Prepared potatoes and Vegetables Gravy	Mixed Salad Steamed Rice Choice of Sauces	Chinese Curry Sauce Gravy Baked Beans Mushy Peas Rice
Street Food	Freshly made Pizzas Cheesy Garlic Bread	Speciality Street food	Chicken or Vegetable Fajitas	Plain Goujon Wrap Goujon Pot	Freshly made Margarita pizza Cheesy Garlic Bread Cheese and Onion Pasty
Daily Items	Baked potatoes Baguettes sandwiches wraps Salads Homemade Soups	Baked Potatoes Baguettes sandwiches wraps, Salads Homemade Soups	Baked Potatoes Baguettes sandwiches wraps, Salads Homemade soups	Baked Potatoes Baguettes sandwiches wraps, Salads Homemade Soups	Baked Potatoes Baguettes sandwiches wraps, Salads Homemade Soups
Dessert	Freshly Baked Cookies	Lemon Drizzle cake	Chocolate Sponge and Custard	Homemade Cupcakes	Buttery Shortbread biscuits

KEY

5
A DAY

- 1 OF YOUR 5 A DAY



- CHEF'S CHOICE

MEAT
FREE

- MEAT-FREE MONDAY

Pb

- PLANT-BASED (VEGAN)



MENU